In consideration of being allowed to participate in the **Winnipeg Women's Volleyball League** the undersigned acknowledges, appreciates and agrees that:

- 1. I HEREBY ASSUME ALL OF THE RISKS OF PARTICIPATING IN ANY/ALL ACTIVITIES ASSOCIATED WITH THIS EVENT, including by way of example and not limitation, any risks that may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained, or controlled by them, or because of their possible liability without fault; and
- 2. I willingly agree to comply with the stated and customary terms and conditions for participation as outlined in the WWVL Guidelines and Volleyball Canada Rule book. If however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and
- 3. I certify that there are no health-related reasons or problems which preclude my participation in this activity, and I have not been advised to not participate by a qualified medical professional.
- 4. I, for myself, and on behalf of my heirs, assigns, personal representative and next of kin, HEREBY RELEASE AND HOLD HARMLESS **The Winnipeg Women's Volleyball League**, their Executive, officials, other participants, sponsoring agencies, sponsors and lessors of premises used to conduct the event WITH RESPECT TO ANY AND ALL INJURY, DISABLILITY, DEATH, or loss or damage to person or property, whether caused by the negligence of the releases or otherwise.

I have read this Release of Liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily with any inducement.

Player Name (please print)	Player's Signature	Date Signed

Team Name